



Easy to read

HelpAge

International

Are the rules about Covid-19 in your country fair for older people?

A guide to help you check

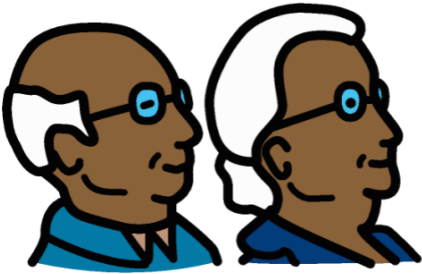
**Covid-19 is a new illness that many people in the world
are getting**



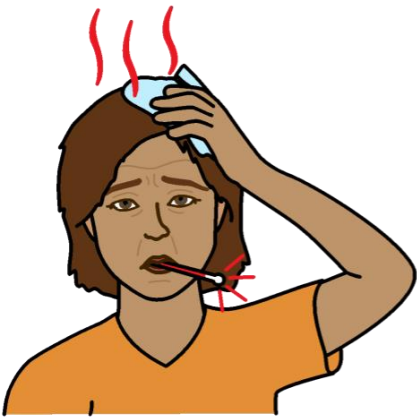
Photo credit: KwaWazee

Seven principles for a rights-based public health response
to COVID-19

About this guide



This guide is about how older people should be treated during Covid-19.



Covid-19 is a new illness that many people in the world are getting.

It is sometimes called coronavirus.

Some people can get very ill or die from Covid-19.



This guide is about the rules in your country about Covid-19.

The rules say what everyone must do to keep safe.



The rules are usually made by the government.

This guide will help you check if the rules are fair for older people.

Are the Covid-19 rules in your country fair for older people?



There are **7 things** that we think should happen to make the rules fair for older people.

They start below.



You can use them to check if the Covid-19 rules in your country are fair for older people.

1. Treating older people with respect

This means:



- Treating older people well
- Seeing that older people are important just like everyone else
- Thinking about what is important to older people

Some questions to ask about the Covid-19 rules in your country



Do the Covid-19 rules respect older people?



Could the rules give people unfair ideas about older people?



For example, ideas that say that:

- Older people are not important
- Older people are weak and cannot do much for themselves

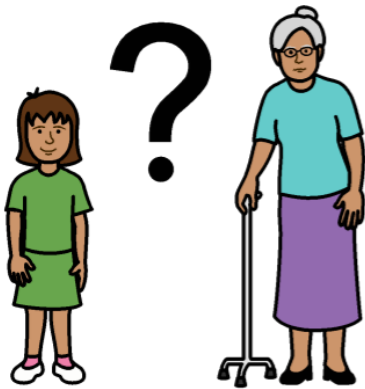
2. Treating older people fairly

Some questions to ask about the Covid-19 rules in your country



Do the rules treat older people unfairly in any way?

Do they cause problems for older people?



For example, do the rules treat older people worse than younger people?

Do the rules make life harder for older people more than other people?

3. Making sure older people are part of the community and have the same chances as everyone else

Some questions to ask about the Covid-19 rules in your country



Has the government checked first to make sure the rules are fair for older people?



Do the rules work for all older people?

For example, older women or older people with disabilities?



Do the rules stop older people from taking part in the community?

4. Making sure older people can make their own choices

Some questions to ask about the Covid-19 rules in your country

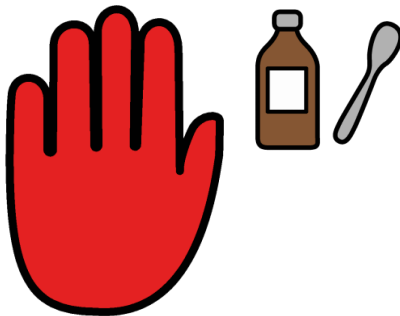


Do you have all the information you need to make your own choices about Covid-19?



Can you say yes or no to medical treatment that doctors want to give you?

Does anyone ask you what medical treatment you might want in the future?

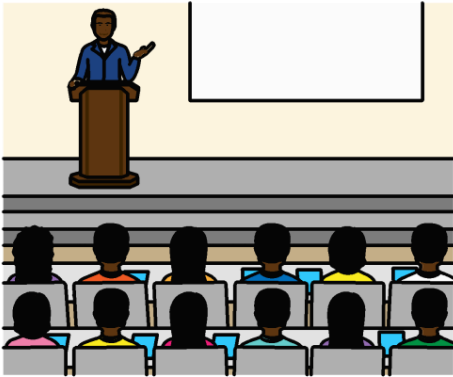


Can you stop medical treatment if you change your mind?

Can anyone try to force you to have medical treatment?

5. Making sure the Covid-19 rules are made in the right way

Some questions to ask about the Covid-19 rules in your country



Is the government giving people clear information about Covid-19 and what they need to do?

This includes information about what the government is doing about Covid-19 and why?



Is the government giving people enough information about this?

Is the information easy for you to understand?

Is there an easy way for you to speak up if you are unhappy with the rules?

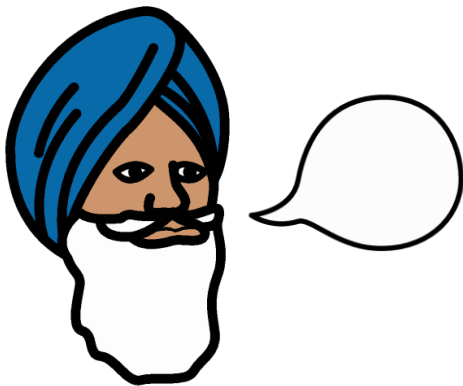
6. Making sure older people can have a say about the Covid-19 rules

Some questions to ask about the Covid-19 rules in your country



Is the government asking people in local communities what they think of the Covid-19 rules?

Are older people part of this?

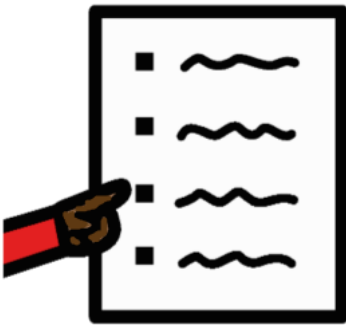


Do you have the chance to speak up and say what you think about the rules?

Do you get support to speak up if you need it?

7. Making sure the Covid-19 rules are right for older people

Some questions to ask about the Covid-19 rules in your country



Has the government chosen the right rules?

Is there a good reason for each rule?



Could other rules work better for older people instead?

Does the government keep checking the rules to make sure they are still needed?