## Humanitarian needs of older women and men in government controlled Donetsk Oblast, Ukraine

## Snapshot of baseline report October 2016

## About the project

HelpAge currently runs a project titled
"Emergency assistance for vulnerable older people in Ukraine" funded by OFDA.

With this project, HelpAge aims to:
(1) to significantly improve access to humanitarian assistance and protection for older men and women, including those with disabilities that were affected by the conflict in Eastern Ukraine.

## Methodology

Rapid Assessment
Framework (RAF)
$\mathrm{n}=4,509$
ㅇ 74\% or ${ }^{7}$ 26\%


Map of Ukraine showing the Donetsk Oblast in red

Vulnerability Assessment Framework (VAF)
$n=4,122$
ㅇ 74\% O' $26 \%$

Both RAF and VAF assessments were conducted using purposeful sampling.

- 4,145 older people were identified as vulnerable and selected to receive humanitarian assistance from HelpAge
- $14 \%$ older people ( $76 \%$ women) were considered moderately vulnerable
- $67 \%$ older people ( $75 \%$ women) were considered significantly vulnerable
- $18 \%$ older people ( $72 \%$ women) were considered to be severely vulnerable


Table showing age-disaggreation of assessed individuals

## Key findings



Livelihoods


- $98 \%$ of older women and men rely on pension as their main source of income
- Older people spend majority of their income on medication (57\%) and food (34\%)
- $66 \%$ of people ( $73 \%$ women) report their income decreased since the beginning of the conflict
- $96 \%$ of people ( $74 \%$ women) cannot afford to buy the same products as before the conflict
$87 \%$ of older people are experiencing various conflict-related psychosocial issues (changes in sleeping patterns, crying spells, persistent memories of conflict, etc.)
- $69 \%$ of older people ( $73 \%$ women) had to decrease their food intake and 35\% report having existing debts (77\% women)
- $52 \%$ of older people and $60 \%$ of older people in 'front-line' areas report living alone ( $83 \%$ of those living alone are women)


Shelter and NFIs


Health


Nutrition and
food security

At least $30 \%$ of older women and men residing in the 'front-line' are in need of some type of winterization support, whilst only $15 \%$ of older people in the front line have received NFI support

- $77 \%$ of older people suffer from cardiovascular disease
- $70 \%$ of older people ( $74 \%$ women) report unavailability of their regular medicines
- $69 \%$ of older people ( $73 \%$ women) had to decrease their food intake since the beginning of conflict
- $2 \%$ of older people are moderately malnourished and $1 \%$ of older people are severely malnourished

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For the full report, visit our organisational page on ReliefWeb

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