

2016



HelpAge

International

Leave no one behind

***Sustainable Development Goals
and population ageing***

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge

International

January 2016

S	M	T	W	T	F	S
31					<u>1</u>	2
3	4	5	6	7	8	9
10	11	<u>12</u>	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

01 NEW YEAR 12 ZANZIBAR REVOLUTION DAY



SDG 1. Target 1.3

Implement social protection systems to achieve substantial coverage of the poor and the vulnerable

Kutekeleza mfumo wa hifadhi ya jamii ili kuwakinga watu maskini na waishio katika mazingira hatarishi

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

February 2016

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

SDG 2. Target 2.2

End all forms of malnutrition in children under 5 years of age, adolescent girls, pregnant and lactating women and older persons.

Kukomesha utapiamlo kwa watoto chini ya miaka 5, wasichana, akinamama wajawazito na wanaonyonyesha na wazee

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

March 2016

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	<u>25</u>	26
27	<u>28</u>	29	30	31		

25 GOOD FRIDAY 28 EASTER MONDAY

SDG 3. Target 3.4

Reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being

Kupunguza vifo vitokanavyo na magonjwa yasiyoambukiza, kwa kutumia kinga na tiba

HelpAge International Tanzania
 134 Migombani Street, Regent Estate, Mikocheni
 P O Box 9846, Dar es Salaam, Tanzania
 Tel: +255 22 2774796/2700169
 Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

April 2016

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SDG 5. Target 5.a

Undertake reforms to give women equal rights to economic resources, access to ownership and control over land, property, financial services, inheritance and natural resources, in accordance with national laws

Kuhamasisha mabadiliko yanayolenga kuleta usawa wa kiuchumi na kumiliki rasilimali kwa wanawake

07 KARUME DAY 26 UNION DAY

HelpAge International Tanzania
134 Migombani Street, Regent Estate, Mikocheni
P O Box 9846, Dar es Salaam, Tanzania
Tel: +255 22 2774796/2700169
Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

May 2016

S	M	T	W	T	F	S
<u>1</u>	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SDG 5. Target 5.2

Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation

Kukomesha ukatili na unyanyasaji wa aina zote kwa akinamama na wasichana

01 WORKERS DAY

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

June 2016

S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SGD 16. Target 16.7

Ensure responsive, inclusive, participatory and representative decision-making at all levels

Kuhakikisha uwajibikaji, ushiriki na ushirikishwaji wa makundi yote katika ngazi za maamuzi

HelpAge International Tanzania
 134 Migombani Street, Regent Estate, Mikocheni
 P O Box 9846, Dar es Salaam, Tanzania
 Tel: +255 22 2774796/2700169
 Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

July 2016

S	M	T	W	T	F	S
31					1	2
3	4	5	6	7*	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SDG 8. Target 8.5

Achieve full and productive employment and decent work for all women and men, young people, persons with disabilities, and equal pay for work of equal value

Kuboresha na kukuza uchumi endelevu wenye kutoa ajira na kazi zenye staha kwa wote

07 SABA SABA 07* EID EL FITR (Depends on sighting of the moon)

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

August 2016

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	<u>8</u>	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SGD 10. Target 10.2

Empower and promote the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status

Kuwezesha na kuhamasisha ushiriki katika shughuri za kijamii, kiuchumi na kisiasa kwa wote bila ubaguzi

08 NANE NANE

HelpAge International Tanzania
 134 Migombani Street, Regent Estate, Mikocheni
 P O Box 9846, Dar es Salaam, Tanzania
 Tel: +255 22 2774796/2700169
 Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

September 2016

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13*	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

13 EID EL HAJJ (Depends on sighting of the moon)

SGD 16. Target 16.1

Significantly reduce all forms of violence and related death rates everywhere

Kukomesha vifo vitokanavyo na ukatili na unyanyasaji

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



HelpAge

International

October 2016

S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

SGD 1. Target 1.5

Build the resilience of the poor and those in vulnerable situations and reduce their exposure and vulnerability to the effects of climate change

Kujenga uwezo wa watu masikini na waishio katika mazingira hatarishi kupambana na madhara yatokanayo na mabadiliko ya tabianchi

14 NYERERE DAY

HelpAge International Tanzania
 134 Migombani Street, Regent Estate, Mikocheni
 P O Box 9846, Dar es Salaam, Tanzania
 Tel: +255 22 2774796/2700169
 Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.

HelpAge

International

November 2016

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



SGD 16. Target 16.3

Promote the rule of law at the national and international levels and ensure equal access to justice for all

Kuhamasisha utawala wa sheria na upatikanaji wa haki kwa wote

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.



SDG16. Target 16.10

Ensure public access to information and protect fundamental freedoms, in accordance with national legislation and international agreements

Kuhakikisha upatikanaji wa taarifa na kulinda misingi ya uhuru na haki za binadamu

HelpAge International Tanzania

134 Migombani Street, Regent Estate, Mikocheni

P O Box 9846, Dar es Salaam, Tanzania

Tel: +255 22 2774796/2700169

Email: tanzania.office@helpage.org • www.helpage.org

HelpAge

International

December 2016

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	<u>9</u>	10
11	<u>12*</u>	13	14	15	16	17
18	19	20	21	22	23	24
<u>25</u>	<u>26</u>	27	28	29	30	31

09 INDEPENDENCE DAY **09** MAULID (*Depends on sighting of the moon*)

25 CHRISTMAS DAY **26** BOXING DAY

HelpAge International is a global network supporting older people claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives.