

## A. Introduction and Consent

"My name is [name] I'm a Research Assistant working with [organization] to undertake a survey for a project seeking to improve the health of older people.

As part of this exercise, you have been selected randomly to participate in the survey. The survey will enable our organization to improve or services for older people, in specifically to effectively to monitor and evaluate its activities. The interview will not take long, about 30 minutes.

Your participation is this study is voluntary and confidential, your answers will not be disclosed to anyone outside the research team. If you do not feel comfortable answering any of the questions it can be skipped.

**Risk and benefits.** We do not expect that there are any risks for you to participate in this study but you should also know that you will not receive and payment or direct benefit from answering these questions. However, by answering these questions you can help us improve services to older people in the areas where [organization] is working. You should also know that answering this questionnaire will **not** in any way affect any support that you are currently receiving

Feel free to ask me any questions you like about this survey before we start, under or after the interview.

Do you confirm that you have had the opportunity to consider the information, ask questions and received satisfactory answers? (circle) **YES**      **NO**

If NO, give the respondent a chance to ask more questions.

Do you understand that your participation is voluntary and that you are free to withdraw at any time without giving any reason, without your medical care or rights being affected?    **YES**      **NO**

**Do you agree to take part in the above study?**

Yes      1  (Proceed to interview the respondent)

No      0  (Please thank the person and stop the interview)

Before we start I'd like to explain to you how the survey works. First I will ask you a couple of question about who you are, where you live and your level of education. After this initial part I will ask some question where I'd like you to score the response on a line. Let me explain.

For most of the question in the survey I will be asking you to score your answer on a line, which looks like this (show the line). As a general rule **0** means bad and **100** means excellent. When I ask you a question hope you can tell me how you are reasoning and then how you would like to score on the line.

0☹ ☺100

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So for example. If I ask you ' Do you like [staple food]?' How would you answer?

B. General information			Notes
C1	Respondent code (see master list)		
C2	Date of survey [dd/mm/yyyy]		
C3	Name of Interviewer		
C4	Name of Village/district		
C5	Type of settlement	[1] Rural [2] Urban (3) Peri-urban	
C6	<b>OBSERVE.</b> Gender	[1] Male [2] Female [3] Other	
C7	How old are you? (In full years)	[ _____ ] Years	
C8	Can you afford to pay for:		
C8a	Shelter/ housing?	[0] No [1] Yes [2] Sometimes	
C8b	Food?	[0] No [1] Yes [2] Sometimes	
C8c	Access to safe drinking water?	[0] No [1] Yes [2] Sometimes	
C8d	Keeping a good hygiene? Take a bath and use a toilet.	[0] No [1] Yes [2] Sometimes	
C9	Compared to other households in this community, do you think your household is poor, or not poor?"		<b>Answer (cm)</b>
	0☹ <span style="float: right;">☺100</span>		[ _____ ]
	Poor <span style="float: right;">Not poor</span>		

C10	Level of Highest Education	[1] Pre-Primary [2] Primary [3] High School [4] College/University [5] No formal school attended [6] Vocational training [7] Other:	
C11a	Do you have difficulty seeing, even if wearing glasses?	[0] No [1] Yes	
C11b	Do you have difficulty hearing, even if using a hearing aid?	[0] No [1] Yes	
C11c	Using your usual (customary) language, do you have difficulty communicating, (for example understanding or being understood by others)?	[0] No [1] Yes	
C12	<b>DO NOT READ LOUD;</b> In your opinion, does the respondent have a disability that could affect the survey? If yes, give a comment.	[0] No [1] Yes	
C13	How many people live in your household?	[1] 0 [2] 1 [3] 2 or more	
C14	Can you explain your living arrangements to me?	[1] I live alone, because I have nobody else to live with [2] I live alone because I want to live alone [3] I live alone but I can talk to neighbours or friends [4] I live with family because I need care [5] I live with family because I want to [6] I live with family because I have no other place to stay [7] I live with family because I provide for them [96] Other [333] Don't know	
C15	How many relatives or friends do you see or talk to a month?	<b>Answer #</b>  [ ]	



**READ;** The first part of the survey is now over. We have about 20 more questions and then will be done. The rest of the survey will include questions where you are supposed to answer the question by using a scale. I will now explain the method to you using an example. Can I go ahead?

C. General Health Perception		Notes
<b>Q1</b>	Overall, how would you rate your health during the past <b>3 months</b> ?	
Guide	<p> </p>	<p>Answer (cm)</p> <p>[ ]</p>
<b>Q2</b>	Overall, have you felt satisfied with your life during the last <b>3 months</b> ?	
Guide	<p> </p>	<p>Answer (cm)</p> <p>[ ]</p>
D. Functionality		Notes
<b>Q3</b>	<p>During the past <b>3 months</b>, how would you rate your ability to conduct, by yourself, your usual <b>social and/or daily activities</b>? (e.g. feeding, bathing, clothing, walking in and around the house, toileting, maintaining continence etc)</p>	
	<p> </p>	<p>Answer (cm)</p> <p>[ ]</p>
<b>Q3b</b>	<p>During the past <b>3 months</b>, how would you rate your ability to conduct, by yourself, <b>your work activities</b>? (E.g. farming, preparing meals, fetching water/firewood, washing clothes, /going to the market, managing own finances, home maintenance etc)</p>	
	<p> </p>	<p>Answer (cm)</p> <p>[ ]</p>

	Bad	Excellent			
<b>Q4</b>	<b>Mobility:</b> how far can you move independently?		<b>Answer (cm)</b>		
			[ ]		
Guide	Bed, not at all	in the room	in home	in community	Anywhere
<b>Q5</b>	Is memory problems preventing you to carrying on your daily activities? <i>e.g. feeding, bathing, clothing, walking in and around the house, toileting etc.</i>		<b>Answer (cm)</b>		
			[ ]		
	Completely	Quite a lot	Somewhat	Very little	Not at all

E. Dependency					
<b>Q6</b>	To what <u>extent</u> did you require /help from other people (e.g. family or friends or community workers) to carry out your usual <b>daily activities</b> ?			<b>Answer (cm)</b>	
				[ ]	
	Require support	Quite a lot	Somewhat	Very little	Not at all
<b>Q7</b>	When you need it, are you able to access regular help easily?			<b>Answer (cm)</b>	
				[ ]	
Guide	Not at all	Very little/difficult	Somewhat	Quite easy	Easy/all the time

Q8	Who provides you care when you need it? (multiple choice, not more than 3)	[1] Family at home [2] Family [3] Community member [4] Friend [5] Carer [6] Community organization [7] None of the above [96] Other:	
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F. Perceptions of services			
Q9a	Over the past <b>6 months</b> did you access any health services?	[0] No [1] Yes [333] Don't know	
Q9b	Do you have any diagnosed chronic illness?	[0] No -. <b>Q10</b> [1] Yes [333] Don't know	
Q9 c	If yes, have you been to the local health centre for a follow-up or has any health care provider/health professional visited you?	[0] No -. <b>Q10</b> [1] Yes [333] Don't know	
Q9 d	If yes, are you receiving regular /care for your condition? EG. This could be care or medication	[0] No [1] Yes [333] Don't know	
Q10	In your opinion or how easy or difficult is it to access health care? (Prompt; Transport, financial resources, physical accessibility?)  	<b>Answer (cm)</b>  <input type="text"/>	
Q11	Over <b>the past 3 months</b> , how would you rate the quality of the health care services existing in your community? <i>Discuss Access, Cost, Quality</i>  	<b>Answer (cm)</b>  <input type="text"/>	

	Very Poor	Poor	Fair	Good	Excellent		
<b>Q12</b>	During <b>the past 3 months</b> , how affordable was/is health care?					<b>Answer (cm)</b>	
						[ ]	
<b>Self-care</b>							<b>Notes</b>
<b>Q13</b>	Who do you think is responsible for your health? <b>(multiple choice possible)</b>					<b>RANK</b>	
						Myself .....	
						My family .....	
						Health services .....	
						Others .....	
<b>Q14</b>	Do you take action to take care of your health?					<b>Answer (cm)</b>	
						[ ]	
<b>Q15</b>	What kind of action(s) do you do to take care of your health? (Multiple choice)					[1] I look for health services regularly [2] I do physical exercise [3] I eat healthily [4] I have my BP taken [5] None [96] Others	

<b>F. Function Testing</b>							
<b>Q16</b>	<b>SITTING TO STANDING: INSTRUCTIONS:</b> Please stand up. Try not to use your hand for support <i>(Interviewer to observe and give response based on the following)</i>					[1] Needs moderate or maximal assist to stand [2] Needs minimal aid to stand or stabilize [3] Able to stand using hands after several tries [4] Able to stand independently using hands [5] Able to stand without using hands and stabilize independently	

<b>Q16</b>	<b>Comments;</b>		
<b>Other tests can be added</b>	IMC, Gait Speed, BP or BMI??		